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**/ FOOD & DRINK**

# **Best Alcohol-Free Drinks for 2025**

# Whether you're sober, sober-curious or doing Dry January, these non-alcoholic drinks are sure to be a hit

**A** LCOHOL-free drinks aren't boring, you know.

With more and more people opting to take part in Dry January, choosing to drink less throughout the year, or even packing in the booze all together, the non-alcoholic beverage industry is booming.

Here are some alcohol-free options for you to enjoy in 2025.

## Beers & Ciders



Image: [nuwavedrinks.com](https://nuwavedrinks.com)

### **NuWave Mood Enhancing AF Lager**

NuWave's alcohol-free lager takes clean, refreshing and crisp beverages to a new level. With its classic low bitterness and full-bodied malt, this drink is packed full of happy botanicals for a fun, social 'buzz'.

£16.15 (6 pack) from [nuwavedrinks.com](http://nuwavedrinks.com)

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Image: [sandfordorchards.co.uk](http://sandfordorchards.co.uk)

### **Sandford Orchards Red Zero Cider**

For everyone who loves the great taste of an authentic cider, but without the repercussions of alcohol, Red Zero is a crisp and fruity alternative. Produced using traditional brewing methods, the alcohol is then removed to leave behind a scrumptious 0% cider.

£27 (12 pack) from [sandfordorchards.co.uk](http://sandfordorchards.co.uk)

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Image: mashgang.com

### **Mash Gang Lesser Evil Cherry Chocolate Stout**

This 0.5% ABV pastry stout is rich and indulgent. Like drinking a chocolate gateaux, this decadent chocolate stout with vanilla and creamy oats, infused with sweet and sour cherry juice is incredibly creamy tasting despite being entirely vegan.

*£17 (4 pack) from [mashgang.com](https://mashgang.com)*

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Image: luckysaint.co

### **Lucky Saint Unfiltered Lager**

You've probably seen this one knocking about in your local pub, and for good reason, too. It's a classic lager made with four natural ingredients - Pilsner Malt, Hallertau Hops, spring water and classic lager yeast. Crisp and refreshing, it's the perfect social beverage.

*£10 (4 pack) from [luckysaint.co](http://luckysaint.co)*

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Image: sevenbro7hers.com

### **SEVEN BRO7HERS AF Pale**

SEVEN BRO7HERS' alcohol-free, full flavoured craft beer has all the flavour but none of the hangover. It's pale and light, but with the hop character you'd expect from a higher ABV beer. (Currently out of stock, but watch this space.)

*£TBC from [sevenbro7hers.com](http://sevenbro7hers.com)*

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Image: [daysbrewing.com](http://daysbrewing.com)

### **DAYS Brewing Mixed Bottle Pack**

Can't decide? Why not pick both DAYS' crisp and refreshing lager and their bold, punchy pale all, all in one box. Both are less than 75 calories per bottle and made with locally-sourced ingredients to ensure a high-quality end product. Happy days.

*£29.99 (12 bottles) from [daysbrewing.com](http://daysbrewing.com)*

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## **Spirits & Aperitifs**



Image: [uk.almave.com](http://uk.almave.com)

### **Almave Blanco**

Founded by Formula One World Champion Lewis Hamilton in partnership with Mexican spirits group, Casa Lumbre, Almave has pushed boundaries to create a Blue Agave Spirit crafted with all the authenticity of tequila yet expressed without alcohol. Sip neat or use to create the perfect non-alcoholic Marg.

*£24 from [uk.almave.com](http://uk.almave.com)*

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Image: [sentiaspirits.com](https://sentiaspirits.com)

### **SENTIA Red & Black**

Looking for an alcohol free spirit that helps you relax and unwind? SENTIA is a revolutionary formula designed to elevate your mind by harnessing the power of your brain's GABA levels. SENTIA Red is designed for relaxation and intimate moments while SENTIA Black is designed for engaging conversations and party starters. Try both with this set.

*£59.60 from [sentiaspirits.com](https://sentiaspirits.com)*

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Image: [threespiritdrinks.com](https://threespiritdrinks.com)

### **Three Spirit Social Elixir**

Who says you can't be the life and soul of the party without a drink? Three Spirit's Social Elixir is the ultimate mood elevator. Made with lion's mane mushroom, yerba mate and damiana, this full-bodied and bittersweet beverage helps you to relax into those social situations.

£25.99 from [threespiritdrinks.com](https://threespiritdrinks.com)

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Image: [everleafdrinks.com](https://everleafdrinks.com)

### **Everleaf Forest**

A bittersweet blend of sustainably sourced botanical distillates and extracts that capture those signature flavours of the forest. From exotic saffron and vanilla to honeyed orange blossom, relax, unwind and reconnect with nature.

*£22 from [everleafdrinks.com](http://everleafdrinks.com)*

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Image: [calenodrinks.com](http://calenodrinks.com)  
**Caleño White Coconut**

Looking for an alternative to your favourite coconut rum? This tropical sensation from Caleño is a smooth and exotic blend of fresh coconut, with subtle notes of vanilla and pineapple. It'll bring the sunshine to you, wherever you are.

*£18 from [calenodrinks.com](http://calenodrinks.com)*

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Image: [clean.co](https://www.clean.co)

### **Clean Co Clean R**

Clean R is made to be mixed just as you would a classic Rum. Crafted by our award-winning team of flavour experts, using only the highest-quality ingredients sourced from around the world. Delivering delicious notes of Caramel, Apricot, Vanilla, Star Anise, Ginger, Orange, Pimento and Cinnamon for a smooth, warming finish.

*£16 from [clean.co](https://www.clean.co)*

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## **Wines & Sparkling**





Image: [seachangewine.com](https://seachangewine.com)

### **Sea Change Alcohol Free Sparkling**

Like all Sea Change's products, this 0% sparkling wine leads with eco-conscious, plastic-free packaging, lighter-weight glass bottles, natural cork closures, and labels made from sustainable forests with grape-waste components, empowering eco-conscious consumers to protect our oceans while enjoying premium beverages. It's also vegan, too.

*£10.99 from [seachangewine.com](https://seachangewine.com)*

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Image: [bemusedrinks.com](http://bemusedrinks.com)

### **Bemuse Origo Original Brut**

A crisp and fresh blend of floral spring wildflower honey with cascade, zesty citra and aromatic ekuanot hops. Light, floral and fragrant, it's the perfect pairing to seafood, al fresco lunches and canapés. Garnish with a lemon wedge to enhance those flavours.

*£12 from [bemusedrinks.com](http://bemusedrinks.com)*

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Image: [lebonvin.co.uk](http://lebonvin.co.uk)

### **Bottega Zero Alcohol Sparkling Rosé**

If your favourite tippie is a nice glass of cool, crisp rosé to unwind after work, the Bottega o Sparkling Rosé is a great alcohol-free alternative, providing an intense aroma with fresh fruity and floral hints.

*£8.95 from [lebonvin.co.uk](http://lebonvin.co.uk)*

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Image: La Gioiosa/ocado.com

### **La Gioiosa 0% Alcohol Free Sparkling**

Affordable and enjoyable, the La Gioiosa has aromas of green apple, pear and stone fruit with apple and red berries on the palate. At just £6.50 a bottle, it's a cheap and cheerful alternative to a bottle of Prosecco.

*£6.50 from [ocado.com](https://www.ocado.com)*

### **Ready-to-drink Cocktails**





Image: [mamacitacollective.com](https://mamacitacollective.com)

### **Mamacita Collective Seaward Pepino**

An exclusive take on Lockdown Liquor's popular Pepino blend, the non-alcoholic blend replaces gin with Pentire Seaward alongside 100% pressed lime juice, mint, cucumber and simple syrup, resulting in a zesty and sophisticated non-alcoholic cocktail.

*£25 from [mamacitacollective.com](https://mamacitacollective.com)*

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Image: Belvoir Farm/sainsburys.co.uk

### **Belvoir Farm Peach Bellini**

It might be winter, but with Belvoir Farm's Peach Bellini its summer all year round. This non-alcoholic peach bellini is made with a blend of real peach and grape juices for a refreshing alternative to a classic peach bellini cocktail.

*£3.25 from [sainsburys.co.uk](https://www.sainsburys.co.uk)*

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Image: angeldarecocktails.co.uk

### **Angels Dare La Bonnie Vita**

Embracing the romanticism of the Scottish–Italian love affair, let Angels Dare whisk you off to sun-soaked Sicilian Beaches and lose yourself in the hidden Glens and Lochs of Scotland.



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## Got alcohol-free suggestions that deserve to be on this list?

Drop me an email at [harley@confidentials.com](mailto:harley@confidentials.com).

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